Recently President Russell M. Nelson has called on the Latter-day Saints “to lead out in abandoning attitudes and actions of prejudice” and has pleaded with us “to promote respect for all of God’s children.”1 Additionally, President Dallin H. Oaks has challenged us to “root out racism.”2 These directives make some things very clear: We are part of the problem. We wouldn’t have to abandon “attitudes and actions of prejudice” if we didn’t have them already. And uprooting will be a long, hard project.3 I offer three perspectives I hope my fellow Church members will find helpful. First, the problem of racism is a social reality that affects all human beings. Second, the restored gospel provides us with tools and frameworks for dealing with racism: confess and forsake and turn weaknesses to strengths through humility. Third, we all need to ask the Lord, “What lack I yet?”3 How do we get to work?
As an Asian American growing up in diverse Southern California, I rarely felt the sting of racism. Now that I live in Utah, I notice racism much more frequently. Some of my friends and family have experienced ugly, malicious barbs, but the racism I most frequently encounter in Utah is in the form of condescension. White people compliment me on my English. In other words, when they see me, they assume I am foreign and I don’t belong. Then they hear me, and they are surprised. Then they decide to tell me about this surprise: “Oh, you speak English very well!” They don’t say, “I hate Asians,” but their words say, “I consider people who look like me to be ‘normal’ and expect people who look like you to be ‘different than normal.’”

One BYU student, whose family emigrated from Uruguay and who, along with all of her siblings, has fair skin and blue eyes, reported that, in their new Utah ward, someone came up to her parents and said, “Oh, look, the Lamanite curse is already coming off from her! You must be blessed!” Sometimes the racism is about as explicit as it gets, like the swastika and racial slurs that appeared recently on a fence along the bike path my children ride to school.

Biologically speaking, racial categorizations have no basis in objective reality. They are figments of the human imagination and are an example of our weakness for sweeping generalities. Humans beings share 99.9 percent of their DNA with each other.\(^5\) Skin color, eye color, and hair texture and color are a pinch of that tiny 0.1 percent of difference that people arbitrarily use to make consequential guesses about each other’s hearts, minds, capacity, safety, and so on. We might as well link judgments about intelligence to people’s earlobe shape or language-learning ability to toe circumference. Yet over and over again, in every place, many people treading the same crooked ways for centuries creates ruts so deep and so wide it is hard for them to imagine other paths.

As President Oaks has said, “Racism is probably the most familiar source of prejudice today, and we are all called to repent of that.”\(^6\) “All” means you and me. I have become increasingly aware of the perpetual need to work hard to not be inadvertently unkind as I have lived in places such as the United States, Germany, the People’s Republic of China, Taiwan, Hong Kong, and New Zealand. No one is immune to prejudice because no one can spend their life becoming embedded within every place and human circumstance in this wide world.
When I moved to New Zealand to take an academic position at the University of Auckland, I had some rough patches in my interactions with students and fellow professors. I discovered that the cultural traits Americans see in themselves of being friendly and optimistic can come off to New Zealanders as shallow and transactional, especially when the American (me) isn’t listening carefully to others around them. I remember sitting in my office when a Māori professor told me, kindly but candidly, how I had completely ignored his expertise and failed to acquire the level of cultural competence necessary for a university event I was planning. I remember thinking, “What do you mean I’m disrespecting people from marginalized groups? I’m Brown! I’m a woman!” Because of my past experiences receiving racism and ethnocentrism, I thought I was “exempt” from perpetuating them. But I was wrong.

Rooting out racism is a process of becoming aware of our blind spots and our great power to cause harm to others, especially to others on the margins. Unfortunately, unlike a pack of manufactured Toyotas and Fords on a highway, human blind spots are unique and change depending on who is around us. In the worst-case scenario, our cars are so big and heavy and fast that we don’t even notice when we knock small cars or pedestrians off the road.

Where are your blind spots? If you don’t know, you haven’t been looking.
The Racism in Our Past and Present Need Not Be in Our Future

Latter-day Saint theology explains that we came to mortal life, with its hardship and temptation, in order to learn and grow. Making mistakes and repenting is part of the plan. We have to be careful: a sin like racism is toxic enough to kill us spiritually. In the past, we have been affected by this illness. But if we heal from it, we can become stronger.

When I was experiencing cancer recurrence for a second time, some friends put me in touch with Dr. Mark Lewis. Even though he had never met me before, Dr. Lewis was kind enough to call to discuss my treatment. In the first few seconds of the call, he mentioned that he, too, was a cancer patient. He said, “I just had a scan the other day, and I’m waiting for the results.” In that moment, my confidence in Dr. Lewis took a giant leap.

No matter how knowledgeable, a doctor who has not had cancer cannot understand what it is like to feel in your body the pain, the shortness of breath, the needles and tubes and powerful medications, what it is like to walk past the open door of death on your way to the kitchen. Discovering Dr. Lewis was a cancer patient made me instantly trust him.

On a spiritual level, it is also true that some of the greatest healers are those who have known illness. Kylie Nielson Turley’s study of the Book of Alma points out that we have tended to see Alma’s story as the familiar tale of a rebellious teenager who eventually mellows out. However, the term “Alma the Younger” actually never appears in the Book of Mormon text. This label, along with some other things, has led us to believe he was young and rebellious. But Turley’s study shows it is actually probable that he was a mature adult, perhaps even in his 40s or 50s, when he repented and was born again.7 Alma may have been a full-fledged bad guy. But he became converted and began calling people to repentance. Because he had personally experienced the corrosive effects of sin, he had powerful authority to call others to repent.

This gives new meaning to Alma’s teaching about Christ: that He would go forth, suffering pains and afflictions and temptations of every kind; and this that the word might be fulfilled which saith he will take upon him the pains and the sicknesses of his people.

. . . [A]nd he will take upon him their infirmities, that his bowels may be filled with mercy, according to the flesh, that he may know according to the flesh how to succor his people.8

According to this passage, Christ inhabited our infirmities in order to understand how to heal us. It wasn’t enough for Jesus to stop up others’ wounds and lift others’ sorrows. It was necessary for Him to feel wounds in His own flesh, to experience despair and injustice and life gone horribly wrong.

In summary, patients make trustworthy doctors. Repented sinners make compelling prophets. The experience of mortal weakness is what turned the popular rabbi Jesus into the Savior of all. We believe suffering from mistakes in mortality is necessary for growth and for becoming as God is.

Our imperfections on this issue of racism and prejudice are clear to anyone who studies Latter-day Saint history. The Church’s essay on race and the priesthood states:

In 1852, President Brigham Young publicly announced that men of black African descent could no longer be ordained to the priesthood. . . . Over time, Church leaders and members advanced many theories to explain the priesthood and temple restrictions. None of these explanations is accepted today as the official doctrine of the Church.9

These “theories” and “explanations” by Latter-day Saint leaders and members included the idea that all Black people were
descended from Cain and inherited the curse God placed upon him in the Book of Genesis; the teaching that interracial marriage was sinful, akin to letting a “wicked virus” into your system; and the notion that Black people were less valiant in the premortal life. Some who promulgated these theories also made other painful claims that Black people were “uncouth, uncomely, . . . wild,” and inferior to White people. 

These statements, which sound so ugly to us today, reflect to a great extent the social and cultural assumptions with which these Latter-day Saint leaders were raised in 19th- and 20th-century America. Comparable statements to those of Church leaders in the past were made by the great American president Abraham Lincoln and many others. In the same year that Bruce R. McConkie first published *Mormon Doctrine*, a popular book containing numerous theories and explanations, the Virginia couple Mildred and Richard Loving were arrested (and eventually sentenced to one year in prison) because their marriage violated a law banning interracial marriage in that state. At the time, similar laws existed in 24 other states, including Utah. No one is immune to culture. We must have empathy for those whom the passage of time turns into moral strangers, because someday, surely, those people will be us.

But significantly, as historian Paul Reeve has pointed out, throughout the 19th and 20th centuries there were people, including Latter-day Saints, who had done the intellectual and spiritual work to see beyond the evils of their day and cultivate knowledge of other people’s humanity and divinity. Over the course of his tenure as president of the Church, Joseph Smith evolved from supporting the enslavement of Black people based on Biblical passages about Canaan—a common Biblical interpretation of the day—to asking how the United States could claim “that all men are created equal” while “two or three millions of people are held as slaves for life, because the spirit in them is covered with a darker skin than ours.” During his presidency, Black men such as Elijah Able and Walker Lewis were ordained to the priesthood as elders and represented the Church as missionaries. In Nauvoo, Joseph and Emma developed a close relationship with Jane Manning, a Black Latter-day Saint. Jane lived and worked in their home, and at one point Joseph and Emma invited Jane to be eternally sealed to their family through adoption. Jane’s own words reflect her esteem for the Prophet, which must have in some part reflected his esteem for her. “I did know the Prophet Joseph,” she later testified. “He was the finest man I ever saw on earth.”

In the early 1850s, the apostle Orson Pratt opposed legalizing slavery in Utah and supported Black voting rights. “[T]o bind the African because he is different from us in color,” he said, “is enough to cause the angels in heaven to blush.” In May 1968, a month after the death of Martin Luther King Jr. sparked racial tensions around the United States, Hugh B. Brown of the First Presidency taught BYU students, “[A]void those who preach evil doctrines of racism. . . . Acquire tolerance and compassion for others and for those of a different political persuasion or race or religion.”

This gives us hope that we are not trapped in our cultures and times. It is possible to overcome the moral and cultural blinders of the societies in which we live. We will never escape them completely, but we can see more clearly.

Acknowledging the Latter-day Saints’ past racism is painful because it feels so wrong and because it did such harm. But, as laid out in Doctrine and Covenants 58:43, acknowledging wrongdoing is the first, essential step to leaving it behind: first, confess; then, forsake.

In this spirit, the Church’s essay on race and the priesthood declares:

*Today, the Church disavows the theories advanced in the past that black skin is a sign of divine disfavor or curse, or that it reflects unrighteous actions in a premortal life; that mixed-race marriages are a sin; or that blacks or people of any other race or ethnicity are inferior in any way to anyone else. Church leaders today unequivocally condemn all racism, past and present, in any form.*

Our current Church leaders have taken increasingly bolder steps to lead out against racism. In 2018 they hosted the “Be One” celebration commemorating the 1978 end of the priesthood and temple ban and honoring the contributions of Black Latter-day Saint pioneers. In June 2020, President Nelson joined the national conversation on race in the wake of George Floyd’s death. He coauthored a joint op-ed with Derrick Johnson, Leon Russell, and the Reverend Amos Brown, three leaders of the National Association for the Advancement of Colored People (NAACP), calling for “government, business, and educational leaders at every level to review processes, laws, and organizational attitudes regarding racism and root them out once and for all.” This attention to “processes, laws, and organizational attitudes” called attention to the need for structural change.

In early October 2020, numerous speakers in general conference—including President Nelson, President Oaks, Sister Sharon Eubank, Elder Gerrit W. Gong, Elder Quentin L. Cook, and Elder Dale G. Renlund—condemned racism and presented the Latter-day Saints with a vision for a diverse, multiracial, multinational Church.

Finally, two weeks later in a BYU devotional, President Oaks delivered a comprehensive address on combating racism. Reiterating President Nelson’s recent charge to the Latter-day Saints to abandon “attitudes and actions of prejudice,” he said, “[W]e condemn racism by any group toward any other group worldwide,” and urged, “Now, with prophetic clarification, let us all heed our prophet’s call to repent, to change, and to improve.”

In asking us “to repent, to change, and to improve,” to “root out racism,” and to “clear away the bad as fast as the good can grow,” our current leaders are sending us a strong message: get rid of the bad stuff (i.e., do the work of anti-racism) and get on with the good stuff (i.e., work to establish Zion around the world).

Our leaders have made it clear that we each need to repent. Saying, “We are all good! No need for repentance here!” is disrespecting the Savior’s offer of atoning grace. We cannot “be saved in ignorance.” But if we humble ourselves and seek Christ’s help in moving forward, the errors and lack of knowledge in our past can turn to wisdom. Our stumbling because of racism in the past can be converted into eagerness to lead out in the future. Like Dr. Lewis, Alma, and Christ Himself, our memory of sickness can become a capacity to heal.
Here some might be thinking, “But I’m not racist. I don’t hate anyone.” It is a common misconception that racism means hate. Hate, along with fear, is a common symptom of racism, just like a cough or a sore throat is a symptom of COVID-19. But hate is not all of what racism is.

At its core, racism is ignorance. It was ignorance that prompted those “You speak English so well!” people to say something to me—a stranger with brown eyes and dark skin—that they would not say to a stranger with blue eyes and light skin. It was ignorance that led Latter-day Saints in the past to find facile, speculative explanations for the priesthood and temple ban, like the “fence-sitters in the pre-existence” theory. The handy thing about this explanation was that it required no change in Church members’ existing worldview. The problem was that it also required ignoring Christ’s basic teachings, the second Article of Faith, the historical precedent set by Joseph Smith, and the fundamental implications of the phrase “children of God.”

Looking back at history, we wonder: How could a Latter-day Saint bishop like Abraham O. Smoot have enslaved Tom, a member of the Sugar House Ward over which he presided in Salt Lake City in the 1850s?27 How could the people of the United States in 1942 have approved of depriving my American-born grandparents Charles Inouye and Bessie Murakami of their civil rights, their property, and their livelihood and imprisoning them behind barbed wire at Heart Mountain, Wyoming? In the UK, in Germany, in China, in Rwanda, in South Africa—throughout history, over and over again—we see people failing to see each other as fully human like themselves.

The frightening thing is that in all of these examples in the past, good-hearted people who strove to be morally upstanding were unaware of their stunning, reprehensible ignorance. How can we know we are not making the same mistakes?

On the score of racism, at least, history teaches us plenty of ways to avoid ignorance, if we are willing to put in the work. History can be our friend. If we study how ignorance looked in the past, we can better identify it in the present. If we can understand its potential to wound others and poison the worldviews of well-meaning people, we, as disciples of Christ, can develop the capacity and authority to heal.

Overcoming ignorance is not a simple matter of reading five blog posts and three conference talks and having a conversation with a Brown friend. We need to strive to know as God knows, see as God sees. Seeking learning that will show us the heart and mind of God involves hard work, radical humility, and perpetual self-improvement. But we believe in work, humility, and improvement. It is part of the plan.

If you do not have personal experience with how it feels to be regularly disrespected because of your skin color or how it feels to be constantly dismissed because you are a cultural minority, or if you don’t have peers outside your racial and cultural demographic, I humbly suggest you may lack wisdom.

I certainly know I do. Like me, you may need to ask for God’s help in filling this critical gap in your spiritual education. We, as Latter-day Saints around the world, have made sacred covenants to be one people, “bear[ing] one another’s burdens” and “mourn[ing] with those that mourn.”28 How can we keep these covenants if we ignore the burdens others bear or if we dismiss others’ mourning and deny that they have reason to grieve?

In a recent blog post, James C. Jones, a Black Latter-day Saint, explained that going out of our way for those “few” who are marginalized in society was what Jesus taught us to do. He wrote, “I’d like to go to church one day knowing that the people I worship Christ with—the same Christ who left the ninety-nine to find the one”—won’t say ‘all sheep matter’ when I go to find the one.29

The fundamental equality of all before God the Creator dictates that Latter-day Saints do not dismiss others’ experiences of racism simply because we have not lived through these experiences ourselves. Jones also wrote:

Our very church is founded on the lived experience, revelatory as it is, of Joseph Smith. To devalue the lived experience of others is to desecrate the body-temple in which we all, prophet and prostitute alike, move about and understand this earthly life.30
What Can We Actually Do?

The day after President Oaks called us to repent and do more to root out racism, I tried to think of something concrete that I could do immediately. I decided to find images of the Savior that do not depict Him with White, European features. Clearly, Jesus was a Middle Easterner; He looked like someone from the Middle East. He was a person of color. Over centuries, as Christianity spread to Europe, many European artists painted Jesus—quite understandably, as artists in Ethiopia and Japan and New Zealand and all places have done—as someone from their part of the world. They wanted to imagine a Savior who did not look like a foreigner (especially since for centuries many people from Europe feared and hated people from the Middle East). From a practical standpoint, the painters could only find local European models. One image I love, of Christ and the rich young man, was painted by German artist Heinrich Hofmann and has this European character.

In the globalized world of the 21st century, it is not difficult to imagine Jesus in His actual historical and geographic context. Now that I understand that the real Jesus looked like a Middle Easterner, why would I want only images of Jesus as a White person of European descent? Therefore, the day after President Oaks’s talk, I went to Deseret Book and found an abundance of scenes of Jesus in the Bible and the Book of Mormon painted by Jorge Cocco Santángelo, a Latter-day Saint painter whose geometric, slightly abstract style depicts Christ without a specific set of “racial” features. Together, my family members picked out one of these beautiful images to display in our home. I subsequently came across a beautiful image of Christ and the rich young man painted by a Chinese artist in the first half of the 20th century and had it mounted on canvas. Now I am always on the lookout for other diverse ways artists have depicted the Savior of the world.

Here are some additional tips, developed in consultation with some fellow Latter-day Saints who have experienced racism in a Church setting.

Please stop repeating harmful theories and explanations for the priesthood and temple ban that the Church has disavowed. If you are not sure what the Church’s current positions are, read the 2013 essay on race and the priesthood carefully; watch the First Presidency’s 2018 “Be One” celebration and pay attention to the history presented. Don’t invent new theories and explanations.

Please stop denying the racism of people in your family tree or national history who expressed racial supremacist views or enslaved others. Racism is a common historical detail, like the pattern of a bonnet or the construction of a wagon wheel. Whiting over this aspect of ancestors’ lives is refusing to accept them unless they conform to 21st-century expectations. I am sure all of these ancestors are now watching from the spirit world, having progressed beyond their mortal myopia, and rejoicing as their descendants use hindsight to avoid the same serious mistakes they made.

One beautiful example of “redeeming the dead” is the current work of Christopher Jones, a professor at BYU, to recover the history of Tom, the Black member of the Sugar House Ward in the 1850s. Tom was enslaved and brought to Utah by Hayden Thomas Church. Later, Church sold Tom to Abraham O. Smoot, Tom’s bishop. Church is Jones’s ancestor. How better to participate in our ancestors’ salvation than to work on their behalf to repair broken things?

Please stop asking the question “Where are you from?” to people you have just met. Racial minorities get asked this question all the time by total strangers who are trying to figure out their ethnic and racial background because it seems so “different” and
“unusual.” Know that if you ask this question right off the bat of someone from a racial minority group, you are presenting yourself as someone who is fixated on that person’s body as opposed to their character, experience, sense of humor, and so on. If you are curious about this question and get to know someone well, eventually they will tell you on their own.

**START**

1 Please start looking for the sin of racism in your life with the same eagle eyes you use to look out for pornography, violations of religious freedom, emergency preparedness situations, and other problems Church leaders have called to our attention. Apply the skill set you have already developed to spot problematic images, defend civil rights, and educate yourself about complex, large-scale problems.

2 Please start speaking up without hesitation when someone uses racist, prejudiced, or ignorant speech, whether or not someone who will be personally hurt by this speech is in the room. Martin Luther King Jr. memorably pointed out the harm done by “the appalling silence of the good people.” In the case of racial slurs, of course, you would respond as with any foul and unacceptable language. To prepare for encountering racism in more general conversations, you can practice some ready responses ahead of time. For example:

   - “Whoa!”
   - “That’s not funny.”
   - “What point were you trying to make by saying that?”
   - “Tell me what you mean by that?”
   - “What I heard you say was _______.

3 Please start educating yourself about the experiences and viewpoints of people who are from a racial, ethnic, national, or class “group” with which you have little personal understanding. You can ask people to recommend resources that have been helpful to them or to their friends. The other day, for instance, I saw Isabel Wilkerson’s prize-winning books *The Warmth of Other Suns* and *Caste* on the shelves of Deseret Book. The digital Gospel Library on the Church’s website and app also has many resources.

   Recently I heard the compelling interpretation that fasting is a form of collective mourning. By a little suffering and want in our bodies, we unite ourselves with those who experience suffering and want. By refusing self-satisfaction, we open ourselves to the experiences of those who do not have enough. As Jesus invited the rich young man to do, by giving away some of our power and security, we become closer to His people and therefore closer to Him.

   Collective mourning is the work that lies ahead of us as Latter-day Saints as we seek to be one people—not just once a month but in everyday life. Perhaps in our daily study, or in
We must all ask the Lord, “What lack I yet?”

When we seek new light and knowledge, God will give liberally. May we heed our leaders’ calls to find unity with Saints around the world—not by expecting everyone “out there” to change their cultures to be like us but by realizing every one of us has a culture that is different from Christ’s “gospel culture” and that we are all shaped by assumptions indigenous to the neighborhood, county, and country in which we live. From Damascus to Draper, not one of us is “normal.” We are all deeply “ethnic,” with our own blind spots. We must all ask the Lord, “What lack I yet?” and step out to build the bridges of Zion.

This is a tall order, but this audacious, all-inclusive ambition to unite the whole human family in the present and in the past is what sets the Latter-day Saints apart. As we seek to honor our covenants, God will bear us up and make us equal to this task, I testify, in the name of Jesus Christ, amen.

NOTES

3 Matthew 16:20.
4 See, e.g., Stop Your Silence, Instagram page, insta gram.com/stopyoursilence/?hl=en.
8 Alma 7:21–12.
12 Brigham Young, Journal of Discourses, 7:290 (October 9, 1859).
14 See Joseph Smith, letter to Oliver Cowdery, circa April 9, 1836, published as “For the Messenger and Advocate,” Latter-day Saints’ Messenger and Advocate 1, no. 7 (April 1836): 289–91.
15 Joseph Smith, “Gen. Smith’s Views on the Government and Policy of the U.S.,” Times and Seasons 5, no. 10 (May 15, 1844), 528; see “Slavery and Abolition,” Church History Topics, Church of Jesus Christ, churchofjesuschrist.org/study/history/topics/slavery-and-abolition?lang=eng.
16 See “Race and the Priesthood.”
17 Jane Manning James, “‘Aunt’ Jane James,” in “Joseph Smith, the Prophet,” Young Woman’s Journal 16, no. 12 (December 1905), 551; quoted in “Jane Elizabeth Manning James,” Church History Topics, Church of Jesus Christ, churchofjesuschrist.org /study/history/topics/jane-elizabeth-manning -james?lang=eng.
19 Orson Pratt, January 27, 1852, “Speech Against Slavery Delivered in Territorial Legislature,” Papers of George D. Watt, MS 4534, box 1, folder 3, Church History Library, Church of Jesus Christ, transcribed by LaJean Purcell Carruth; quoted in “Slavery and Abolition.”
21 “Race and the Priesthood.”
22 See “‘Be One’ 40th Anniversary Celebration,” Church of Jesus Christ, streamed live on June 1, 2018, YouTube video, youtube.com/watch ?v=7J43vRudhMw.
24 Oaks, “Racism and Other Challenges.”
26 Doctrine and Covenants 131:6.
28 Mosiah 18:8–9.
30 Id.
31 See 1 Corinthians 13:11.
32 John 17:21–22; see also verse 23.
33 Matthew 19:16, 20; see also verses 16–22 and Mark 10:17–22.
34 Michelle D. Craig, “Eyes to See,” Ensign, November 2020; emphasis in original.
35 See “Race and the Priesthood.”
36 See “‘Be One’ 40th Anniversary Celebration.”
37 Martin Luther King Jr., “Some Things We Must Do,” address delivered at the second annual Institute on Nonviolence and Social Change, Holt Street Baptist Church, Montgomery, Alabama, December 5, 1957, Martin Luther King Jr. Research and Education Institute, Stanford University, kinginstitute.stanford.edu/king-papers/documents /some-things-we-must-do-address-delivered -second-annual-institute-nonviolence.
38 See “Global Histories,” Church History, the Church of Jesus Christ, history.churchofjesuschrist.org /landing/global-histories?lang=eng.